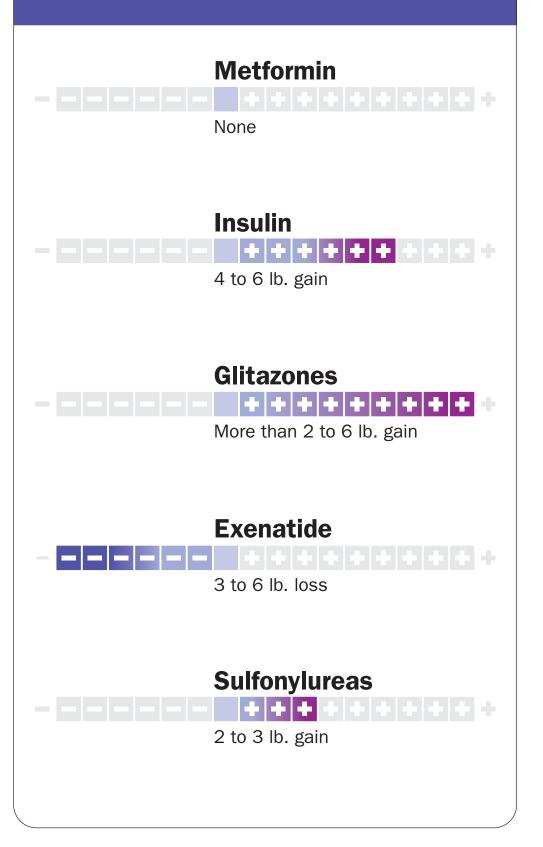
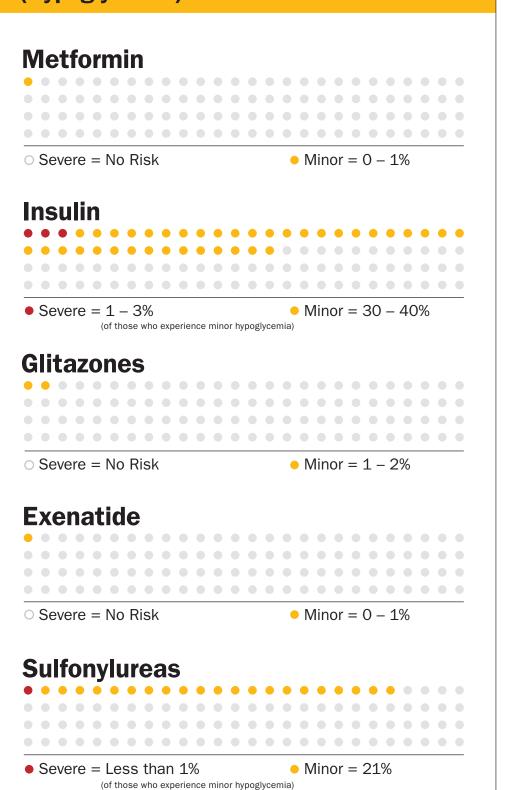
Weight Change



Low Blood Sugar

(Hypoglycemia)



Blood Sugar (A1c Reduction)

ATC Reduction)

Metformin 1 - 2%

Insulin Unlimited %

Glitazones 1%

Exenatide 1/2 - 1%

Sulfonylureas 1 - 2%

Daily Routine

Metformin





Insulin







Glitazones



Exenatide (KEEP COLD)

PM

before meals

Take in the hour

Sulfonylureas

Take 30 min. before meal.







Daily Sugar Testing

Metformin

Insulin

•	••	••	••	••	••	•
S	М	Т	W	Т	F	S

Monitor once or twice daily, less often once stable.

Glitazones

S	М	Т	W	Т	F	S
•		•		•		•

Monitor 3 - 5 times weekly, less often once stable.

Exenatide

			W			
••	••	••	••	••	••	••

Monitor twice daily after meals when used with Sulfonylureas, as needed when used with Metformin.

Sulfonylureas

S	М	Т	W	Т	F	S
	•		•		•	

Monitor 2 - 5 times weekly, less often once stable

Side Effects

Metformin

In the first few weeks after starting Metformin, patients may have some nausea, indigestion or diarrhea.

Insulin

There are no other side effects associated with Insulin.

Glitazones

Over time, 10 in 100 people may have **fluid retention (edema)** while taking Glitazones. For some, it may be as little as ankle swelling. For others, fluid may build up in the lungs making it difficult to breathe. This may resolve after you stop taking the drug.

Exenatide

After starting Exenatide, some patients may have **nausea** or **diarrhea**. In some cases, the nausea may be severe enough that a patient has to stop taking the drug.

Sulfonylureas

Some patients get **nausea**, **rash** and/or **diarrhea** when they first start taking Sulfonylureas. This type of reaction may force them to stop taking the drug.